# Kathryn Naus Hester MD

Rheumatology

## Review of Systems

As you review the following list, please check any problems which have significantly affected you.

**Constitutional**

- ¤ Recent weight gain
- ¤ Recent weight loss, _______pounds in the past ______ months
- ¤ Fever

**Eyes**

- ¤ Pain
- ¤ Redness
- ¤ Loss of vision
- ¤ Double or blurred vision
- ¤ Dryness
- ¤ Feels like something in eye
- ¤ Itching eyes

**Ears–Nose–Mouth–Throat**

- ¤ Loss of hearing
- ¤ Nosebleeds
- ¤ Sores in mouth
- ¤ Hoarseness
- ¤ Difficulty in swallowing

**Cardiovascular**

- ¤ Irregular heart beat
- ¤ Sudden changes in heart beat
- ¤ High blood pressure
- ¤ Heart murmurs

**Respiratory**

- ¤ Shortness of breath
- ¤ Difficulty in breathing at night
- ¤ Swollen legs or feet
- ¤ Cough
- ¤ Coughing of blood
- ¤ Wheezing (asthma)

**Endocrine**

- ¤ Excessive thirst

**Hematologic/Lymphatic**

- ¤ Swollen glands
- ¤ Tender glands
- ¤ Bleeding tendency
- ¤ Blood Transfusion in the past, when? __________

**Allergic/Immunologic**

- ¤ Frequent sneezing
- ¤ Hives

**Gastrointestinal**

- ¤ Nausea
- ¤ Vomiting of blood or coffee ground material
- ¤ Persistent diarrhea
- ¤ Blood in stools
- ¤ Black stools
- ¤ Heartburn

**Genitourinary**

- ¤ Pain or burning on urination
- ¤ Blood in urine
- ¤ Getting up at night to pass urine
- ¤ Rash/ulcers on genitals

*For Women Only:*

Age when periods began: _______
Periods regular? Yes No
How many days apart? ________
Date of last period? ________
Date of last pap? ________
Bleeding after menopause? Yes No
Number of pregnancies? _________
Number of miscarriages? _________

**Musculoskeletal**

- ¤ Morning stiffness
  Lasting how long? _________
- ¤ Muscle weakness
- ¤ Muscle tenderness
- ¤ Joint swelling

**Integumentary (skin and/or breast)**

- ¤ Easy bruising
- ¤ Rash
- ¤ Sun sensitive (sun allergy)
- ¤ Tightness
- ¤ Nodules/bumps
- ¤ Hair loss
- ¤ Color changes of hands or feet in the Cold

**Neurological System**

- ¤ Fainting
- ¤ Loss of consciousness

**Psychiatric**

- ¤ Easily losing temper
- ¤ Depression
- ¤ Agitation